"Tip your server. Return your shopping cart. Pick up a piece of trash. Hold the door for the person behind you.

Let someone into your land. Small acts can have a ripple effect. That is how we change the world."

Healthy Holistic Living

The *Pride* of John Marshall

12/13/19

What's Happening

JM Exam Days	12/18 -19
Girls' Basketball @ Home	12/16
Boys' Basketball @ Home Shenandoah 7:30	12/17
Professional Learning Day	12/20
Christmas Break	12/20 -1/5

"Christmas is most truly Christmas when we celebrate it by giving the light of love to those who need it most."

-Unknown

Monarch Tidings

Monarch Tidings was a magical evening filled with holiday spirit. Fans were dazzled by the combinations brought to them by orchestra, broadcasting, band, steel, and choral students. The entire auditorium filled with delighted members of the community. The beautiful lighting brought ambiance to the performances as did the articulate description of songs by emcees Creed Kidney and Shelby Moore. A fan favorite of the evening was the band's performance of Nightmare Before Christmas music. Another fan favorite was orchestra and choirs "The Little Drummer Boy," where many audience members and their children rejoiced in the Pa Rum Pa Pum Pum! The night was closed with the Festival Ensemble of "Christmas on Broadway." Thank you—Mr. Jones, Mrs. McElhaney, Mrs. Filben, and Mr. Scherrick.

Food Baskets—Community at Heart

Seven JM FFA members traveled to Tyler County to assist in the Annual Northwestern FFA Region Food Basket Project. Each school is assigned to bring 240 items, and collectively, the twelve chapters of the Northwest Region combine these items to create food bags for their community. Each chapter decided to whom to donate the ten bags. We have twenty food bags containing twenty-two items, including a canned ham, noodles, chicken broth, chicken, green beans, mashed potatoes and many other items for families to use to create a Christmas dinner (Members who attended the trip— Tyler Truex, Tyler Brown, Tyler Humes, Daniel Burton, Huner Guzek, Laura Shipman and Aubrey Travis).

PSAT Score Release and SAT Prep FTW!

The PSAT scores for 11th graders have been released this week! These scores are indicative of SAT achievement and can be linked to Khan Academy to give students a prescriptive path for their strengths and weaknesses. Mrs. Mentzer is in full test prep mode with her eleventh grade students with this score release. Students are reviewing the questions they missed and how they can improve. Ms. Kiss and Mrs. Robbins are also working on explaining scores and preparing students to work with Khan Academy. Excellent work 11th grade ELA team!!

Boys B-Ball vs. Oak Glen—Season Opener

The boys' opened their season last night at Oak Glenn. John Marshall fell to Oak Glenn 66-56 with Wiley Pratt, Derrick Derrow, and Adam Miller scoring in double figures. The boys' open at home Saturday night at 7:30 vs. Weir High. See you there!

Mindfulness Matters

Mindfulness is increasingly being brought into the elementary classrooms through behavior management, breathing exercises, and emotional regulation strategies. We are seeing wonderful changes in our students through he incorporation of Mindfulness techniques. John Marshall is incorporating Mindfulness for students through health and PE using activities that use music and breathing techniques. **Teachers can sign up for Yoga Classes after school starting in January! See Mrs. Morgan. We will provide the Yoga Mat!**

#thespiritofgiving